



Policy for the Support of Pupils with Medical and Mental Health Needs

Illogan Primary School

Adopted Date: July 2019

Review Date: July 2020

Illogan Primary School recognises that it has a responsibility to support pupils with Medical and Mental Health Needs.

Medical Needs

Illogan Primary School follows the Department for Education's guidance on managing medicines in schools and early years settings:-

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/484418/supporting-pupils-at-school-with-medical-conditions.pdf

Responsible Person

The Head Teacher, Mrs Jo Knuckey, is responsible for ensuring that the arrangements below are effectively implemented and maintained.

Day to day provision is delegated to;

- Mrs Tania Blakemore (attendance)
- Mrs Holly Dustow (asthma & training)
- Secretarial Team (medications)

Medicine in Illogan Primary School

Medicines will only be administered Illogan Primary School when it would be detrimental to a student's health not to do so. Illogan Primary School will store and dispense medication to students as long as:-

- It is prescription medication which has been prescribed by a medical practitioner with written instructions for its use; or
- It is non-prescription medication which has been supplied by the parent/guardian with written instructions for its use; and
- Written parental consent has been given.

Illogan Primary School does not keep or dispense any other medication [other than salbutamol for use with the emergency asthma kit (see below)]. There are two kits (one for each key stage, they are stored in the far left tall white cupboard in reception and both contain a list of the children whose parents have given consent for their use.

Medication brought into Illogan Primary School must be clearly labelled with the student's name, dosage, method of administration and be in-date.

Medication will be available to identified students at all times of the school day.

Self-Management of Medication

Illogan Primary School does not allow students to carry or manage their own medication.

Emergency Asthma Kits

Illogan Primary School's procedures for managing the use of the emergency asthma kit is based on Department of Health guidance:-

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/350640/guidance_on_use_of_emergency_inhalers_in_schools_September_2014_3.pdf

Staff authorised to dispense this medication have read the above guidance and have been given instruction in the recognition of the symptoms of an asthma attack and the appropriate procedures to follow.

The emergency inhaler contains Salbutamol and will only be available to students who have been

- diagnosed with asthma and prescribed an inhaler OR
- prescribed an inhaler as reliever medication.

In addition parental consent must be obtained for use of the emergency inhaler. With both kits there is a list of names of children whose parents have consented to this use. A phone call home is given to parents whenever this is used.

Illogan Primary School keeps a register of students who have been diagnosed with asthma or prescribed a reliever inhaler.

The emergency asthma kit is stored and managed in the same way as any other prescription medication following the procedures below.

Storage of Medicine

Medicines will be securely stored in the Reception Area - in either a locked cooling unit or cupboard as appropriate.

All medicines must be signed in in the Medicines Log.

Any medicine given out or administered must be recorded in the Medicines Log.

Medicines can only be given out by appropriate members of staff.

Training

The responsible person will ensure that sufficient staff are suitably trained in the administration of medication and support of students with medical needs.

The responsible person will ensure a record is kept of all medical needs training. Illogan School's Training Matrix is kept up to date by Holly Dustow.

Sharing of Information

The responsible person will ensure that relevant staff are made aware of any student's medical condition. This information will include, where appropriate:-

- Medical condition
- Side effects of medication
- Signs and symptoms
- Modifications and allowances
- Emergency actions

The responsible person will also ensure that relevant information is shared with cover staff etc.

Individual Healthcare Plans

The responsible person will work with (or identify an appropriate member of staff to work with) healthcare professionals and parent/carers to establish effective healthcare plans where appropriate.

Healthcare plans will be reviewed if there is reason to suspect that the plan is no longer appropriate and at least annually. A healthcare plan review can be initiated by Illogan Primary School, a healthcare professional or the parents/carers.

The needs of children with specific medical conditions, e.g. diabetes, which require specialist and/or intimate care as well as adjustments to the fabric of the building are covered by Illogan Primary School's Disability Access Plan, the Intimate Care Policy and within Individual Health Care Plans as they are specific to the needs of the individual child.

Risk Assessment

In addition to the healthcare plan Illogan Primary School will carry out individual risk assessments for any student where the student's medical needs introduce new risks to an activity or increase existing risks. This will include (but may not be limited to) individual risk assessments for off-site activities, sporting activities and practical lessons.

Risk assessment for off-site activities, in particular, will include consideration of:-

- Access to medication
- Appropriate storage of medication
- Staff training in administration of medication
- Emergency procedures

Unacceptable practice

To prevent unacceptable practice the responsible person will ensure that:

- Students have access to their medication at all times during the school day or during educational activities off-site.
- Healthcare plans reflect the needs of the student and take into account the views of parents/carers and advice of healthcare professionals
- Every effort is made to ensure that students with medical needs are able to stay in Illogan Primary School for normal school activities (including lunch) unless there is a specific reason detailed in their healthcare plan not to do so.
- If the student becomes ill; that he/she is accompanied to an appropriate location by a responsible adult.
- Students with medical needs are not penalised in their attendance record if their absences are related to their medical condition, hospital appointments, etc. Although the advice of the Educational Welfare Officer will be sought where attendance falls below acceptable levels - this is in a supportive manner. Attendance Rewards (half-termly certificates, etc) are still awarded where absence is recorded as a medical appointment (with evidence).
- Toilet, food and drink breaks are provided where necessary in order to manage a student's medical condition.
- Arrangements for administering medication do not include the need for parent/carers to attend the school.
- Every effort is made to ensure that students with medical needs are able to take part in every aspect of school life including off-site activities, sporting events and practical lessons.

Complaints

Parents/carers are encouraged to contact the appropriate person if they are concerned or dissatisfied in any way with the support provided by Illogan Primary School for a student with medical needs.

If concerns cannot be resolved in this manner; parents/carers can follow Illogan Primary School's complaint procedure.

Mental Health Concerns

Illogan Primary School uses guidance from:

Public Health England and the Children and Young People's Mental Health Coalition – Promoting children and young people's emotional health and wellbeing – A whole school and college approach – March 2015 www.gov.uk/phe

Mental health and behaviour in schools – March 2016

www.gov.uk/government/publications/mental-health-and-behaviour-in-schools--2

Counselling in Schools: a blue print for the future –February 2016

www.gov.uk/government/publications/counselling-in-schools

Future in mind - promoting, protecting and improving our children and young people's mental health and wellbeing – October 2012

www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

NICE guidance on social and emotional wellbeing in primary education. - September 2016

<https://pathways.nice.org.uk/pathways/social-and-emotional-wellbeing-for-children-and-young-people#path=view%3A/pathways/social-and-emotional-wellbeing-for-children-and-young-people/social-and-emotional-wellbeing-in-primary-education.xml&content=view-index>

to support this policy on mental health and wellbeing.

Illogan Primary School is aware that there could be children with mental health issues within the school and families for whom mental health is a significant problem.

Mental health and wellbeing is a term which covers a wide range of difficulties/situations faced by children and their families and include:

- Learning difficulties
- Emotional trauma
- Autism
- Attachment Disorder
- Attention Deficit Disorder
- Depression
- Anxiety
- Bipolar Disorder
- Obsessive Compulsive Disorder
- Bereavement
- Speech and Language Difficulties

- Low Self Esteem
- Poor resilience
- Gender Identity concerns
- Family break down
- Domestic Violence

All these conditions and situations, and many more, have a devastating impact upon the overall wellbeing of children in school, either directly or indirectly and they also impact upon their educational success. The Department for Education recognises that schools have a key role to play in supporting children to have resilience and to be mentally healthy.

Schools have a duty to promote the wellbeing of children.

Illogan Primary School recognises the eight key principles outlined in government advice in promoting good emotional health and wellbeing:

- Good leadership and management which sees this as a whole school issue and recognises its importance for both children and staff
- An ethos and environment which promotes respect and values diversity
- Curriculum teaching and learning which promotes and supports resilience and social and emotional learning
- Recognition of the power of the student voice in influencing decisions
- Staff development and training which supports personal wellbeing as well as that of children
- Effective identification and recognition of need
- Targeted and effective support
- Close working with parents and carers

At this school the following is in place to ensure that these principles underpin practice:

- Training:

Staff member	Training	Date
Mrs Tania Blakemore	Trauma Informed Schools - Practitioner.	Converted from Thrive Practitioner June 2018
Mrs Holly Dustow	Trauma Informed Schools - Practitioner.	July 2019
Mrs Elaine Cleave	Autism Champion	October 2018
All Staff Members	Emotional Coaching	February 2019

- Interventions:

Strategy	Delivered by
Trauma Informed Schools	Mrs Tania Blakemore

	Mrs Holly Dustow
Sensory Sessions	Mrs Elaine Cleave

- Professional advice

Professional	Service
Sali Kew-Jones	Educational Psychology Service

- Personal, Social, Health and Emotional Development

Curriculum resources used to support PHSED
Starving the Anger Gremlin
Starving the Anxiety Gremlin
Be a Social Detective

Other available resource links:

www.pshe-association.org.uk

www.youngminds.org.uk

www.cornwallhealthyschools.org.uk

Evaluation:

The effectiveness of this policy is monitored by the Head Teacher, Mrs Jo Knuckey, the Learning Mentors - Mrs Tania Blakemore and Mrs Holly Dustow, the SENCO, Mrs Julie Webber and the governor responsible for SEN, Mrs Sam Knuckey to ensure that it:

- Continues to effectively meet the needs of the children, staff and wider stakeholders of Illogan Primary School.
- Responds to any issues that have arisen which may impact upon the ability of the school to follow the principles of the policy
- Meets the needs of legislation and it changes and requires amendments to policy and procedures
- Meets the very particular needs of children and staff joining the school whose condition requires them to be recognised within the parameters of this policy.

This policy is reviewed annually by the governors to ensure that it meets the needs of the pupils of Illogan Primary School.